



What would you do if you were the first on the scene?



Don't be
a First Aid
Dummy!

QUIZ

With our ***Don't be a First Aid Dummy! Quiz***, each month, we'll take you through an emergency situation where you'll be put on the frontline. Test your knowledge or brush up on your skills with our short, serious but fun first aid quiz. It might not only improve first aid outcomes but help save lives.

Want to get the monthly quiz email? Just [click here](#) to join!

this month: **Eye Injury**

What would you do if...?

It's Sunday morning and the neighbourhood is reverberating with the sound of lawns being mowed. Logan is just finishing his lawn and thinking of a nice cool drink and a read of the Sunday newspaper. One more line to do and it's finished.

All of a sudden Logan feels something hit his face and puts his hand up to feel something wet on his cheek. It is blood. His right eye is very painful and his vision is obscured from that side.

Logan stumbles inside to where his wife Anna is preparing lunch. She cries out as she sees that her husband has a piece of wire poking out from his eye, but knows that she must act quickly to help him. What must Anna do?

Incorrect

- a. Pull out the object slowly and immediately get a Tetanus shot.
You must not remove any object from the eye as this is going to cause further injury.

Correct

- b. Do not remove the object from the eye. Put a triangular bandage and crepe bandage around the object and bandage carefully. Call 000.

Read the correct answer in full [below](#)

Incorrect

- c. Pull the wire out of the eye and put pressure on the eye with a pad. Call 000.

It is dangerous to remove objects from eyes and you must not put any pressure on the eye. This would cause more damage.

Incorrect

- d. Take photos and post on Facebook.
Taking care of the injured person should take priority. Call 000.

Correct answer in full:

Lie the patient down and try to keep them calm. Do not try to remove any object that has penetrated the eye.

Place triangular bandage and crepe bandage (or create a donut if you know how) around the object or use a paper cup over the injured eye. Bandage in place being careful not to place any pressure on the eye.

Call 000 for an ambulance as soon as possible. Remain with the patient and do not give any food or drink.



Eye Injury and your First Aid Kit

What would you use from your kit?

Having a triangular bandage and a crepe bandage to make a donut would be necessary in this situation. If you don't have these items in your kit, stop by our [retail locations](#) and keep your kit up-to-date!



Eye Injury and First Aid Training

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